



ITM. / ART. 6232432

Gourmia®



User Manual | GAF858

7.6 L / 8-QT Digital Air Fryer

English

中文





限用物質含有情況標示聲明書

Declaration of the Presence Condition of the Restricted Substances Marking

設備名稱：Gourmia 數位氣炸鍋 Equipment name: Digital Air Fryer		型號 (型式)：GAF858 Type designation (Type)				
單元 Unit	限用物質及其化學符號 Restricted substances and its chemical symbols					
	鉛Lead (Pb)	汞Mercury (Hg)	鎘Cadmium (Cd)	六價鉻 Hexavalent chromium (Cr ⁺⁶)	多溴聯苯 Polybrominated biphenyls (PBB)	多溴二苯醚 Polybrominated diphenyl ethers (PBDE)
加熱元件 Heating element	○	○	○	○	○	○
馬達 Motor	○	○	○	○	○	○
電源線 Power cable	○	○	○	○	○	○
電子元件 Electronic component	○	○	○	○	○	○
螺絲 Screw	○	○	○	○	○	○
配件 Accessories	○	○	○	○	○	○
外殼 Shell	○	○	○	○	○	○
<p>備考1. “超出0.1 wt %” 及 “超出0.01 wt %” 係指限用物質之百分比含量超出百分比含量基準值。 Note 1: “Exceeding 0.1 wt %” and “exceeding 0.01 wt %” indicate that the percentage content of the restricted substance exceeds the reference percentage value of presence condition.</p> <p>備考2. “○” 係指該項限用物質之百分比含量未超出百分比含量基準值。 Note 2: “○” indicates that the percentage content of the restricted substance does not exceed the percentage of reference value of presence.</p> <p>備考3. “—” 係指該項限用物質為排除項目。 Note 3: The “—” indicates that the restricted substance corresponds to the exemption.</p>						



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The Steelstone Group Brooklyn, NY | Gourmia.com

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Congratulations on the purchase of your Digital Air Fryer from Gourmia!

Here at Gourmia, we're all about helping cooks make easy, healthy, and delicious meals an everyday possibility. We know how fast-paced life is and that sometimes a home-cooked meal doesn't make the top of the priority list, no matter how bad you want it. Our dependable, easy-to-use appliances are here to help you change that. We're giving you the tools to eat better and healthier without spending hours in the kitchen prepping and cooking.

We want you to get the most out of your air fryer, which is why our team is available to help with any questions you may have. Whether you have a question with setup or need some guidance on which preset to use, we're happy to walk you through it. Welcome to the ease of cooking with Gourmia.

This manual provides instructions for all of the air fryer's functions and features along with directions for assembling, operating, cleaning, and maintaining the appliance. Please read all safety instructions and directions for safe usage at all times. Keep this manual for future use.

Thank you for choosing Gourmia!

We'd love to hear about the delicious dishes you're creating! Share your thoughts, recipes, and photos with us.

 @gourmia

Important Safeguards

Read all instructions before using the electric appliance. For household use only.

The following basic precautions should always be followed:

1. This appliance is not intended for use by children or persons with reduced physical, sensory, or mental capabilities, or a lack of experience and knowledge, unless they have supervision.
2. Close supervision is necessary when any appliance is used near children. Children should be supervised to ensure that they **DO NOT** play with the appliance. Cleaning and user maintenance **SHOULD NOT** be done by children unless they are supervised.
3. Check if the voltage indicated on the appliance corresponds to the local main voltage before you connect the appliance.
4. **DO NOT** use the appliance if the plug, the main cord or the appliance itself is damaged. Always make sure that the plug is inserted properly into a wall outlet.
5. **DO NOT** operate any appliance with a damaged cord or plug, after the appliance malfunctions, or if the appliance has been damaged in any manner. Return the appliance to the nearest authorized service facility for examination, repair, or adjustment.
6. **DO NOT** let the cord hang over the edge of the table or counter, nor let it touch hot surfaces.
7. To protect against electric shock, **DO NOT** immerse cord, plugs, or appliance in water or other liquid.
8. **DO NOT** plug in the appliance or operate the control panel with wet hands.
9. **NEVER** connect this appliance to an external timer switch or separate remote-control system in order to avoid a hazardous situation. To disconnect, turn off the appliance, then remove the plug from wall outlet.
10. **DO NOT** place the appliance on or near combustible materials such as a tablecloth or curtain. The accessible surfaces may become hot during use. **DO NOT** place on or near a hot gas or electric burner, or in a heated oven.
11. **DO NOT** place the appliance against a wall or against other appliances. Leave at least 4 inches of free space on the back and sides and 4 inches of free space above the appliance. **DO NOT** place anything on top of the appliance.
12. **To avoid the risk of fire: NEVER** use parchment paper or other liners while cooking, unless there is food on top of the liner to weigh it down and keep it secured in place.
13. **DO NOT** use the appliance for any other purpose than described in this manual. The use of accessory attachments not recommended by the appliance manufacturer may cause injuries.
14. **DO NOT** leave the appliance unattended when plugged in.



15. **EXTREME CAUTION** must be used when moving an appliance containing hot oil or other hot liquids.
16. **DO NOT** touch the hot surfaces; use the handle. During air frying, hot steam is released through the air outlet openings. **Keep your hands and face at a safe distance from the steam and from the air outlet openings.** Also be careful of hot steam and air when you remove the basket from the appliance.
17. After using the appliance, avoid contact with the hot metal inside.
18. Unplug from outlet when not in use and before cleaning. Allow the appliance to cool before cleaning
19. **IMMEDIATELY** unplug the appliance if you see dark smoke coming from the appliance. Wait for the smoke emission to stop before you remove the basket from the appliance.
20. **DO NOT** use outdoors.

Save these Instructions

Cord and Plug Safety

1. A short power-supply cord is provided to reduce risk of becoming entangled in or tripping over a longer cord.
2. Extension cords may be used if care is exercised in their use.
3. If an extension cord is used:
 - The marked electrical rating of the extension cord should be at least equal to the electrical rating of the appliance.
 - The longer cord should be arranged so that it will not drape over the countertop or tabletop where it can be pulled on by children or tripped over.



Power: AC110V, 60Hz, 1650W

Before First Use

1. Remove all packaging, stickers, and labels, including the tape securing the *basket* to the air fryer.
2. To remove the *basket* for the first time, secure the air fryer with one hand, grip the band, and pull the *basket* out.
3. Remove the *multi-purpose rack*, *crisper tray*, and box containing the *handle* and *cord storage*. Ensure all packaging is removed from the *basket*.
4. Clean the *basket*, *crisper tray*, and *multi-purpose rack* with hot water, dishwashing liquid, and a non-abrasive sponge. Dry thoroughly.
5. Wipe the inside chambers and outside of the air fryer with a moist cloth.
6. Before using the air fryer, follow the instructions under **Attaching Handle and Cord Storage** below.

NOTE: There might be a plastic smell coming from the air fryer during the first few uses. This is normal and in no way harmful. To get rid of the plastic smell, you can run a 30-minute cycle with an empty *basket* at the highest temperature.

Attaching Basket Handle and Cord Storage

To attach the *basket handle* to the basket:

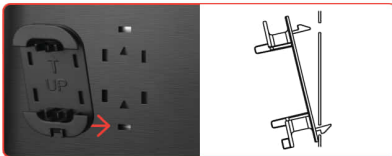


1. Secure the *basket* with one hand. Hold the *handle* above the groove at the top-front of the *basket*.



2. Pull the *handle* down until you hear a click and it locks into place.

To attach the *cord storage* to the back of the air fryer:



1. Hold the *cord storage* with the arrow facing up, and insert the bottom tab, at an angle, into the bottom-horizontal notch.



2. Align the top tab with the top-horizontal notch. Secure the air fryer with one hand, and push the top hook until the *cord storage* clicks and locks into place.



⚠ WARNING:

DO NOT put anything on top of the air fryer.

DO NOT place the air fryer against a wall or against other appliances. It is important to leave at least 4 inches of free space above and around all sides of the air fryer to allow for proper ventilation.

DO NOT fill the *basket* with oil, frying fat, or any other liquid; this appliance works by circulating hot air.

To avoid the risk of fire:

- **NEVER** place the air fryer on any cooking surface, including gas or electric cooktops, even if the surface is cool / turned off.
- **NEVER** use parchment paper or other liners, unless there is food on top of the liner to weigh it down and keep it secured in place.

Know Your Air Fryer

Control Panel / Display

Multi-purpose Rack

The multi-purpose rack can be used as a raised cooking surface or for additional cooking space.

Crisper Tray

Place the *crisper tray* into the bottom of the *basket*.

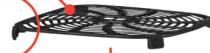
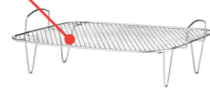


The silicone bumpers on the *crisper tray* must be left on during use. They are food grade and BPA-free. The bumpers can be removed for cleaning.

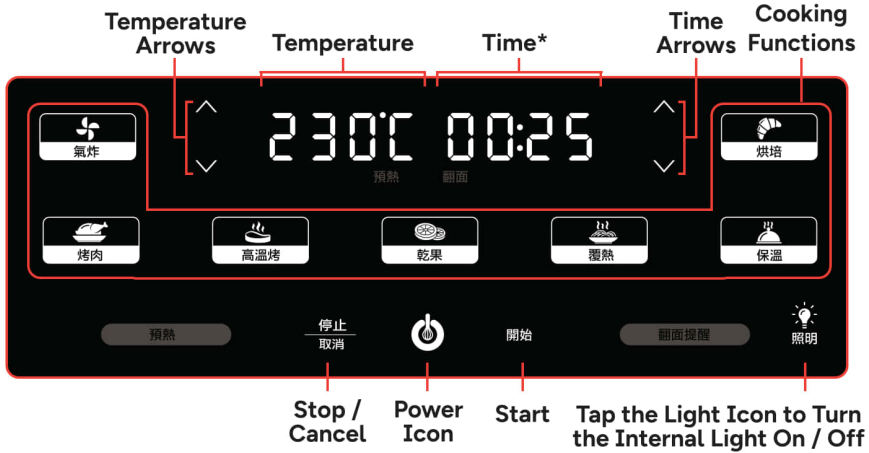
NOTE: If the *crisper tray* does not fit inside the *basket*, turn the bumpers inward so the *crisper tray* can slide to the bottom of the *basket*.

Basket

Handle



Control Panel / Display



*The air fryer's cook time can be adjusted in 1-minute increments. Seconds cannot be adjusted. For dehydrate, when increasing cook time above 1 hour, it can be adjusted in 30-minute increments.



Toggle Preheat

預熱 will be blue and **PREHEAT** will appear in red on the display when preheat is enabled.

Tap **預熱** to enable or disable preheating. Set before tapping **開始**.

Toggle Turn Reminder

翻面提醒 will be blue and **TURN** will appear in red on the display when turn reminder is enabled.

Tap **翻面提醒** to enable or disable a turn reminder halfway through cook time. Set before tapping **開始**.



Toggle Fahrenheit and Celsius

To toggle between displaying temperature in Fahrenheit (°F) and Celsius (°C), press and hold both temperature arrows.



Mute Air Fryer

To silence the air fryer's beeping sound, press and hold . Press and hold again to turn the sound on.

NOTE: The air fryer will still beep for guided cooking prompts.

Display Messages

Below are messages and indicators for guided cooking prompts.



Air fryer is preheating. Preheat will blink on the display and the four lines in the progress bar will fill in as the air fryer preheats.



Air fryer is done preheating, ready for food.

Air fryer is ready for you to turn your food.



Cooking has ended.



Using Your Air Fryer

Set Up Your Air Fryer



1. Place air fryer on a flat and stable surface.



2. Place the *crisper tray* into the bottom of the *basket* and slide the *basket* into the air fryer.



3. Plug air fryer into an outlet.



4. Tap *power icon* to turn on air fryer.



Select Your Settings



1. Tap desired preset. The preset's icon will turn blue and the *display* will show the preset's temperature and time.



2. Tap the temperature arrows to adjust temperature. Tap the time arrows to adjust time.



3. Tap 預熱 / 翻面提醒 to enable or disable these settings. 預熱 / 翻面提醒 will be blue and **PREHEAT** / **TURN** appear in red on the *display* when those settings are enabled.

PREHEAT and **TURN REMINDER** are on by default for select functions. See **Functions Chart** on page 17.



Preheat / Start Cooking

A. If **PREHEAT** is Enabled:



1. Tap **開始**.



2. Display will show **Preheat**. Air fryer begins preheating.



3. Once preheated, air fryer will beep and display will show **Add Food**.

WARNING: The *basket* will be hot! Do not touch hot surfaces.



4. Remove the *basket* carefully, place food inside, and return it to the air fryer to automatically begin cooking.

NOTE: If the *basket* is not removed, the cook time will begin regardless.

Continue to **Turn Reminder** on next page.

B. If **PREHEAT** is Disabled:



1. Remove the *basket*, place food inside, and return it to the air fryer.



2. Tap **開始**.

**WARNING:**

USE CAUTION when removing the *basket* during / after cooking - hot steam may escape!



The basket will be hot after preheating / cooking. DO NOT touch hot surfaces! ALWAYS use the basket handle. Keep the basket out of the reach of children and pets.



DO NOT use sharp or metal utensils which can scratch the nonstick surface.

Turn Reminder

If **TURN REMINDER** is disabled skip to **End of Cook Time** on next page.



1. Halfway through cook time, air fryer will beep and *display* will show **Turn Food**.

2. Remove *basket* carefully and place on heat-resistant surface.

NOTE: If the *basket* is not removed, the cook time will continue regardless.



3. Turn the food using non-metal tongs.



4. Return the *basket* to the air fryer to resume cooking.

End of Cook Time



1. When your selected cook time has elapsed, the air fryer will beep and the *display* will show **End**.
2. Remove the *basket* carefully and place it on a heat-resistant surface. Remove food from the *basket* using non-metal tongs.


WARNING:

Do not turn the *basket* upside down, as any excess oil collected on the bottom of the *basket* can drip onto food. Additionally, the hot *crisper tray* may fall out of the *basket* and cause a burn.



Pause / Stop / Cancel Cooking

Tap  to stop cooking.

Tap  to resume cooking.

Tap  twice to cancel cooking.



Turn Off Air Fryer

Press the *power icon* to turn off the air fryer.








Unplug the air fryer from the outlet when not in use.





Functions Chart

The following default settings are a starting point. Cooking temperature and time will vary depending on the type, amount, and thickness of food.

Presets	TEMPERATURE		TIME		PREHEAT		TURN REMINDER	
	DEFAULT	RANGE	DEFAULT	RANGE	DEFAULT	TOGGLE	DEFAULT	TOGGLE
 氣炸	200° C 400° F	80-230° C 170-450° F	20 min	1-60 min	ON	✓	ON	✓
 烘焙	160° C 325° F	80-230° C 170-450° F	25 min	1-120 min	ON	✓	OFF	✓
 烤肉	220° C 425° F	80-230° C 170-450° F	25 min	1-120 min	ON	✓	ON	✓
 高溫烤	230° C 450° F	200-230° C 400-450° F	12 min	1-60 min	ON	✓	ON	✓
 乾果	60° C 135° F	30-80° C 90-170° F	8 hr	30min-24hr	OFF	—	OFF	✓
 覆熱	150° C 300° F	80-230° C 170-450° F	15 min	1-60 min	OFF	✓	OFF	✓
 保溫	90° C 200° F	70-90° C 150-200° F	30 min	1 min-8hr	OFF	—	OFF	—

✓ indicates **PREHEAT** and **TURN REMINDER** can be enabled or disabled by tapping 預熱 and/or 翻面提醒 before tapping 開始.

For a list of additional foods and their suggested settings, see the laminated cooking guide.

Scan This QR Code to Download 30 Unique Recipes Crafted by Gourmia



Cooking Tips

For a list of additional foods and their suggested settings, see the laminated cooking guide.

Scan This QR Code to Download 30 Unique Recipes Crafted by Gourmia



- Check food for desired doneness a few minutes before cook time elapses and cook a little longer if necessary.
- Always ensure raw proteins reach food-safe temperature.
- Air fryers perform similar to ovens; follow oven instructions on item packaging or recipe.
- Snacks that can be prepared in an oven can also be prepared in the air fryer.
- Smaller ingredients usually require a slightly shorter cook time than larger ingredients.
- Preheating the air fryer before adding food will generally deliver the best results (see **Preheat** on bottom of page 10).
- When cooking multiple batches in a row, only preheat before the first batch.
- Turning food halfway through cook time will deliver evenly browned and crispy results (see **Turn Reminder** on bottom of page 10).
- Toss fresh potatoes with 1 tablespoon of oil for a crispy exterior. Air fry the ingredients within a few minutes after adding the oil.
- Do not cook foods that will produce a large amount of grease in the air fryer.
- Place a baking pan or an oven-safe dish or pan in the basket to bake a cake or quiche or to air fry fragile or filled ingredients.

Oil Spray

When spraying food for a crispier finish, we recommend using regular cooking oil instead of cooking spray, as the latter may damage the accessories.

Recommended



Oil Mister / Spray Bottle

Not Recommended



Cooking Spray



Cleaning and Maintenance

WARNING:

NEVER immerse cord, plug, or air fryer in water or any other liquid.

Do not use metal kitchen utensils or abrasive cleaning material to clean the *basket* or *crisper tray*, as this may damage the nonstick coating.



Cleaning

NOTE: Clean the air fryer after every use.

1. Unplug the air fryer from the outlet before cleaning.
2. Let the air fryer cool down completely before cleaning. Remove the *basket* from the air fryer to cool it down quicker.
3. Clean the *basket*, *crisper tray*, and *multi-purpose rack* in the dishwasher's top rack only, or with hot water, dish soap, and a non-abrasive sponge.
4. If residue is stuck to the bottom of the *basket*, fill it with hot water and dish soap and let it soak.
5. Wipe the outside of the air fryer with a moist cloth.
6. Clean the inside of the air fryer with hot water, dish soap and a cleaning brush to remove any food residue.
7. Ensure the air fryer is completely dry before using.

Storage

- Unplug the appliance and let it cool down.
- Make sure all parts are clean and dry.
- Store the appliance in a clean and dry place.

Environment

Do not throw away the appliance with the normal household waste at the end of its life, but dispose of it at an official collection point for recycling. By doing this, you help to preserve the environment.

Guarentee and Service

If you need service or information or if you have a problem, please visit www.gourmia.com or contact your distributor.

Troubleshooting

Problem	Possible Cause	Solution
The air fryer does not work.	The air fryer is not properly plugged in.	Plug the main plug into a grounded wall socket.
	The timer has not been set.	Tap <i>plus</i> and <i>minus</i> icons to set the required cook time to turn on the air fryer properly.
	The <i>basket</i> is not put into the air fryer properly.	Slide the <i>basket</i> into the air fryer properly.
The <i>basket</i> does not fit inside the air fryer.	The <i>basket</i> is overfilled.	Do not over fill the <i>basket</i> .
The ingredients did not cook.	The set temperature is too low.	Tap <i>plus</i> and <i>minus</i> icons to set the required temperature setting.
	The cook time is too short.	Tap <i>plus</i> and <i>minus</i> icons to set the required cook time.
Food is cooked unevenly.	Some foods especially smaller items need to be turned halfway through the cook time.	Turn food halfway through the cook time. (See Turn Reminder on page 15.)
Food is not crispy enough.	The air fryer <i>basket</i> was overfilled. Many foods need oil to brown and crisp properly.	Cook in smaller batches, keep food in a single layer. Coat food with a small amount of oil.
White smoke comes out of the air fryer.	You are preparing greasy ingredients.	When you fry greasy ingredients in the air fryer, a large amount of oil will leak into the <i>basket</i> . The oil produces white smoke and the <i>basket</i> may heat up more than usual. This does not affect the air fryer or the end result.
	The <i>basket</i> still contains grease residue from previous use.	White smoke is caused by grease heating up in the <i>basket</i> . Make sure you clean the <i>basket</i> properly after each use.
<i>Display</i> shows E01.	NTC open circuit.	Please contact customer service.
<i>Display</i> shows E02.	NTC short circuit.	Please contact customer service.
<i>Display</i> shows E03.	NTC temperature over 260 °C / 500 °F.	Please contact customer service.



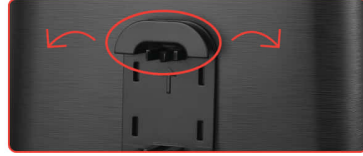
Removing Basket Handle and Cord Storage

To remove the basket handle:



Grip the upper part of the handle. Insert a screwdriver into the hole on the inside of the basket (above the window). Push the screwdriver inward and pull the handle up at the same time.

To remove the cord storage:



Secure the air fryer with one hand. Grip the top hook and pull the cord storage outward toward the right or left side.

Warranty and Service

This Limited Warranty is for one full year from the date of purchase and requires proof of purchase from an authorized seller. It is applicable to the original purchaser only and is not transferable to a third party user. Repair or replacement of defective parts is solely at Gourmia's discretion. In the event that repair isn't possible, Gourmia will replace the product/part. If product repair/replacement won't suffice, Gourmia has the option of refunding the cash value of the product or component returned.

Product defects not covered under the Warranty provisions include normal wear and damage incurred from use or accidental negligence, misuse of instruction specifications or repair by unauthorized parties. Gourmia is not liable for any incidental or consequential damages incurred by such circumstances.

Only valid within the United States.

**Register your product at
www.gourmia.com/warranty**

For Customer Service, Questions or Comments

Visit gourmia.com

Email info@gourmia.com



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Gourmia

We'd love to hear from you!

info@gourmia.com





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Gourmia®



用戶手冊 | GAF858

7.6 公升 / 8 誇脫 數位氣炸鍋

English

中文





限用物質含有情況標示聲明書

Declaration of the Presence Condition of the Restricted Substances Marking

設備名稱：Gourmia 數位氣炸鍋 Equipment name: Digital Air Fryer		型號 (型式)：GAF858 Type designation (Type)				
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恭喜您選購 Gourmia 數位氣炸鍋！

Gourmia 的使命是讓家中大廚每天都能輕鬆做出健康美味的料理。我們知道生活步調飛快，無論您多想好好做一餐，有時就是無法將烹飪擺在優先順位。我們的鍋具可靠又好用，能幫助您解決這個難題。利用我們提供的工具，您可以吃得更豐盛又健康，但不必在廚房中耗費大量時間準備和烹飪。

為了幫助您發揮氣炸鍋的最大功用，我們的團隊將為您解答所有疑問。無論您是對某項設定有疑問，或想知道該使用哪一項預設設定，我們都很樂意提供您逐步指引。歡迎進入 Gourmia 的快意烹飪世界。

本手冊說明這台氣炸鍋的所有功能及特色，以及其組裝、操作、清潔及保養指示。請詳閱所有安全注意事項及指示，確保每次使用安全無虞。本手冊應妥善保管，以供未來參考。

感謝您選購 Gourmia ！

我們很想瞭解您用新氣炸鍋烹製的令人垂涎的料理！請不吝與我們分享您的想法、食譜及照片。

 @gourmia

重要安全注意事項

使用本電器前，請詳閱所有指示。家庭專用。

遵守下列基本注意事項：

1. 本電器不適合兒童及身體、感官或心智能力較低者或缺乏經驗或知識者使用，除非其在監督下使用。
2. 在兒童附近使用任何電器時，都需要密切監督。請看緊兒童，確保他們不會玩弄電器。不可讓兒童執行清潔及保養，除非有人監督。
3. 連接本電器前，請檢查電器上標明的電壓是否與當地的電源電壓一致。
4. 如果插頭、主電源線或電器本身損壞，請勿使用。每次使用前，務必確保插頭正確插入牆壁插座。
5. 請勿在電線或插頭損壞、電器發生故障後或電器發生任何損壞時操作任何電器。請將本電器送回最近的授權維修機構進行檢查、修理或調整。
6. 請勿讓電線垂吊在桌面或檯面邊緣，亦不可讓其接觸高溫表面。
7. 為防止觸電，請勿將電線、插頭或電器浸入水或其他液體中。
8. 請勿將濕手插入本電器中或操作控制面板。
9. 切勿將本電器連接到外接定時開關或另一個遙控系統，以免發生危險。若要拔插頭，應先關閉電器開關，然後再從牆壁插座上拔掉插頭。
10. 請勿將本電器放置在易燃物上面或附近，例如桌巾或窗簾。使用過程中，可接觸表面可能很燙。請勿將本電器放在熱的燃氣灶或電爐上或附近，或放在加熱的烤箱中。
11. 請勿將本電器靠牆放置或與其他電器靠在一起。電器背面和側面留出至少10厘米（4英寸）的空間，電器上方留出10厘米（4英寸）的空間。請勿在本電器上面放置任何物品。
12. 為避免火災風險：烹飪時切勿使用羊皮紙或其他襯墊，除非襯墊頂部有食物，以便將其壓住並固定不動。
13. 請勿將本電器用於本手冊所述以外的任何其他用途。使用非本電器製造商推薦的附件可能造成傷害。
14. 請勿讓本電器在插上電源後無人看顧。



注意：高溫表面



15. 當您移動內有熱油或高溫液體的電器時，必須格外小心。
16. 請勿觸摸高溫表面；應使用手柄。在氣炸過程中，高溫蒸汽會從排氣口釋出。您的手和臉應與蒸汽及排氣口保持安全距離。此外，當您從本電器中取出氣炸籃時，請當心高溫蒸汽和熱氣。
17. 使用本電器後，應避免觸碰內部的高溫金屬部分。
18. 不使用和清潔電器前，從插座上拔掉插頭。開始清潔前，先讓本電器冷卻。
19. 若您看到黑煙從本電器中冒出，請立刻拔掉插頭。等待排煙停止後再取出氣炸籃。
20. 請勿在戶外使用。

保存這些使用說明

電線及插頭安全

1. 隨附一根較短的電源線，以便減少被較長的電線纏繞或絆倒的風險。
2. 可以使用電源延長線，但須格外小心。
3. 如果使用電源延長線：
 - 電源延長線上標注的額定電氣值應大於或等於電器的額定電氣值；以及
 - 較長的電線應整理妥當，請勿讓它從檯面或桌面上垂吊下來，以免遭兒童拉扯或絆倒。



電源：AC110V, 60Hz, 1650W

首次使用前

1. 從氣炸鍋內取出所有包裝貼紙及標籤，包括固定氣炸籃用的膠帶。
2. 第一次取出炸籃時，請用一隻手固定氣炸鍋，另一隻手抓住手柄，然後拉出炸籃。
3. 卸下多功能蒸烤架，酥脆盤和裝有手柄和電源線存儲盒的箱子。確保從炸籃中取出所有包裝品。
4. 用熱水、洗碗精及不刮傷海綿，徹底清洗氣炸籃，酥脆盤和多功能蒸烤架。充分乾燥。
5. 用濕布擦拭氣炸鍋內腔及外部。
6. 使用氣炸鍋前，請遵循在下面「連接手柄和電源線收納」之下的指示。

注釋：在最初幾次使用時，空氣炸鍋可能會發出塑膠氣味。這是正常的，並無害處。為了去除塑膠氣味，您可以在最高溫度下用空氣炸籃執行一次30分鐘的循環。

連接手柄和電源線收納

將炸籃手柄固定在炸籃上：

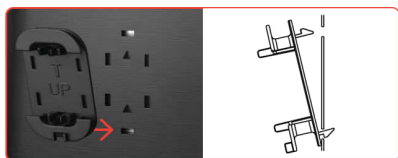


1. 用一隻手固定炸籃。另一隻手握住在炸籃前方頂部的凹槽上方的手柄。



2. 向下拉手柄，直至聽到啞嗒聲，表示手柄鎖定位。

將電源線盒固定在氣炸鍋背面：



1. 握住電源線盒，箭頭向上。將在其底部的卡扣以一個斜角插入底部的水準插口。



2. 將其上部的卡扣與上部的水準插口對齊。一隻手扶住氣炸鍋，另一隻手向前推進卡扣直至電源線盒就位並鎖住。



警告：

請勿在氣炸鍋上面放置任何物品。

請勿將氣炸鍋緊靠牆壁或其他電器放置。氣炸鍋的上方和四周必須留出至少 10 厘米（4 英寸）的空間，以便適當通風。

請勿在氣炸籃中裝滿食用油、酥炸油或其他任何液體，因為氣炸鍋是靠熱氣循環來運作。

為避免火災風險：

- 切勿將氣炸鍋放置在瓦斯爐或電爐上面，即使爐子已熄火亦不可。
- 切勿使用羊皮紙或其他襯墊，除非襯墊頂部有食物可將其壓住並固定不動。

瞭解您的氣炸鍋

控制面板 / 顯示窗



多功能蒸烤架

多功能蒸烤架可作為升高的烹飪表面或用於額外的烹飪空間。

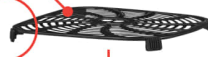
酥脆盤

將**酥脆盤**放在炸籃的底部。



使用時，在**酥脆盤**的膠緩衝墊應留在其上。它們是食品級和不含BPA。清潔時可將它們拆下。

注釋：如果**酥脆盤**不適合放在籃內，請向內轉動膠墊，使**酥脆盤**可以滑到籃底。



氣炸籃

手柄



控制面板 / 顯示窗



*空氣電炸鍋的烹飪時間可以1分鐘為增量調整。秒數無法調整。用於脫水且當烹飪時間增加到1小時以上時，可以以30分鐘為增量進行調節。



預熱 將變為藍色。同時，當啟動了預熱後 **PREHEAT (預熱)** 在顯示窗上將變為紅色。

輕按 **預熱** 啟動或停止預熱。
輕按前設定 **啟動**。

翻面提醒 將變為藍色。同時，當啓用翻面提醒時，紅色字樣的 **TURN (翻面)** 將出現在顯示窗上。

烹飪至一半時間時，輕按 **翻面提醒** 以啟動或停止翻面提醒。輕按前設定 **啟動**。



切換華氏度和攝氏度

要在顯示華氏度和攝氏度之間切換，可按住兩個溫度箭頭



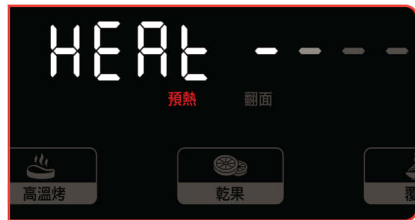
氣炸鍋靜音

要使氣炸鍋的嗶聲靜音，請按住 **停止取消** 再次按住 **停止取消** 可恢復聲音。

注釋：氣炸鍋仍會發出引導式烹飪提示的嗶聲。

顯示訊息

以下是用於引導式烹飪提示的訊息和通知。



氣炸鍋正在預熱。顯示窗上將閃爍“預熱”。當空氣炸鍋預熱時，進度條中的四個橫條將被填滿。



氣炸鍋已預熱，可以加工食物。



氣炸鍋已準備好，請您翻面食物。



烹飪已結束。

使用您的氣炸鍋

設定您的氣炸鍋



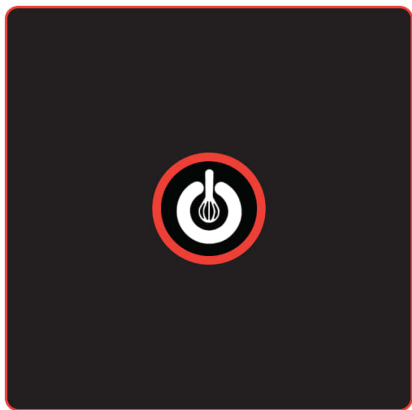
1. 將氣炸鍋放在平坦、穩固的表面上。



2. 將酥脆盤放入炸籃的底部。
然後，將炸籃送進氣炸鍋中。

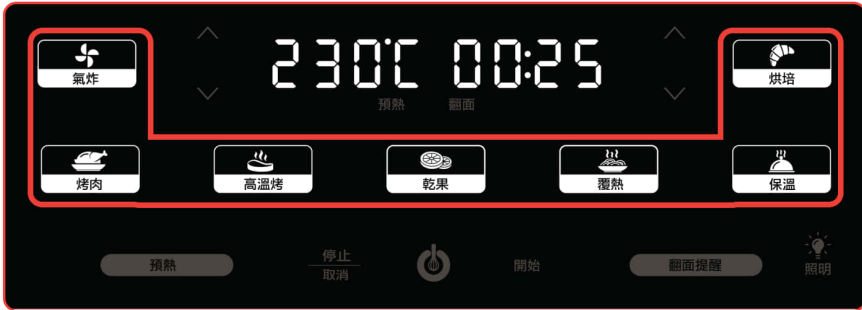


3. 將氣炸鍋的插頭插進插座中。



4. 輕按電源標誌開啟氣炸鍋電源。

選用您的設定



1. 輕按您想要的預設。預設的圖標將變為藍色，顯示窗將顯示預設的溫度和時間。



2. 輕按溫度箭頭以調整溫度。再按時間箭頭以調整時間。



3. 輕按 **預熱** / **翻面提醒** 可啟動或停止這些設定。
預熱 / **翻面提醒** 將顯示藍色，同時，**預熱** / **翻面** 將呈紅色出現在顯示窗裡。

建議的預設設定已將預熱及翻面提醒預設為啟用。（請見第 39 頁「功能表」）。

預熱/開始烹飪

A. 如果 PREHEAT (預熱) 已經啟動:



1. 輕按 **啟動**。



2. 顯示窗將顯示預熱。氣炸鍋開始預熱。



3. 預熱後，氣炸鍋將發出嗶聲，顯示窗顯示 **Add Food** (添加食物)。

警告：氣炸籃會很燙！切勿碰觸高溫表面。



4. 請小心取出氣炸籃，放進食材，然後送回氣炸鍋中，機器將自動開始烹飪。

注釋：若未取出氣炸籃，機器將繼續烹飪。

繼續到下一頁的翻面提醒。

B. 若 PREHEAT (預熱) 已經停止:



1. 取出氣炸籃，放進食材，然後送回氣炸鍋中。



2. 輕按 **啟動**。

**警告：**

每一次在烹飪中 / 烹飪後取出氣炸籃時，都要格外小心——可能有高溫蒸汽溢出！



預熱/烹煮後，氣炸籃會變熱。請勿觸碰高溫表面。務必使用炸籃手柄。請將炸籃放置在兒童和寵物無法觸及之處。



請勿使用尖銳或金屬器具，以免刮傷不沾表面。

翻面提醒

如果翻面提醒功能被禁用，請跳至下一頁的烹飪時間結束。



1. 烹飪時間過半時，氣炸鍋將發出嗶聲，顯示窗將顯示“Turn Food”（翻面食物）。

2. 小心取出氣炸籃，放置在一個耐熱表面上。

注釋：若未取出氣炸籃，氣炸鍋將繼續烹飪。



3. 用非金屬夾子翻動食材。



4. 將氣炸籃送回到氣炸鍋中，烹飪自動繼續。

烹飪時間結束




1. 當您選擇的烹飪時間已到時，氣炸鍋會響起嗶聲，顯示窗將顯示 **End**（結束）。
2. 小心取出氣炸籃，放置在一個耐熱表面上。用非金屬夾子從氣炸籃內取出食物。

警告：


請勿將氣炸籃上下倒置，否則匯集在氣炸籃底部多餘的油會流到食物上。此外，熱酥脆盤可能會從網籃中掉出並導致燙傷。



暫停 / 停止 / 取消烹飪

輕按  停止烹飪。

輕按  可繼續烹飪。

輕按  兩次以取消烹飪。



關閉氣炸鍋

按住電源標誌關閉氣炸鍋。

不使用氣炸鍋時，請從插座上拔下插頭。



功能表

以下預設設定是起點。烹飪溫度和時間會因食物的類型，數量和厚度而異。

預設鈕	溫度		時間		預熱		翻面提醒	
	預設	範圍	預設	範圍	預設	切換	預設	切換
 氣炸	200°C 400°F	80-230°C 170-450°F	20 分鐘	1-60 分鐘	啟動	✓	啟用	✓
 烘焙	160°C 325°F	80-230°C 170-450°F	25 分鐘	1-60 分鐘	啟動	✓	停止	✓
 烤肉	220°C 425°F	80-230°C 170-450°F	25 分鐘	1-60 分鐘	啟動	✓	啟動	✓
 高溫烤	230°C 450°F	200-230°C 400-450°F	12 分鐘	1-60 分鐘	啟動	✓	啟動	✓
 乾果	60°C 135°F	30-80°C 90-170°F	8 小時	30分鐘- 24小時	停止	—	停止	✓
 覆熱	150°C 300°F	80-230°C 170-450°F	15 分鐘	1-60 分鐘	停止	✓	停止	✓
 保溫	90°C 200°F	70-90°C 150-200°F	30 分鐘	1分鐘- 8小時	停止	—	停止	—

✓ 在輕按 **啟動** 之前，可以輕按 **預熱** 和 **翻面提醒** 來啟動或停止 **PREHEAT** 和 **TURN REMINDER**。

有關其它食物及相應設定的列表，請參閱層壓烹飪指南。

掃描此 QR 碼下載由 Gourmia 製作的三十款獨特的食譜



烹飪小秘訣

有關其他食物及其建議設定的列表，請參閱層壓烹飪指南。

掃描此 QR 碼下載由 Gourmia 製作的三十款獨特的食譜



- 在烹飪時間結束前幾分鐘檢查食物的熟度，必要時可延長烹飪時間。
- 始終確保生的蛋白質達到食品安全溫度。
- 氣炸鍋的功能類似於烤箱，因此請按照食品包裝上或食譜中的烤箱做法。
- 凡可以用烤箱製作的小點，也可以用氣炸鍋製作。
- 較小的食材需要的烹飪時間通常比較大的食材稍短。
- 放入食材前先預熱氣炸鍋，通常能得到最好效果（請見第 32 頁「預熱」）。
- 如果連續烹飪多批食材，只需在烹飪第一批之前預熱。
- 烹飪到一半時翻面食材，可以讓表面均勻上色並呈現酥脆口感（請見第 32 頁底部的「翻面提醒」）。
- 添加 1 湯匙油並翻動新鮮土豆，可使其表面酥脆。加入油後幾分鐘內對食材進行氣炸。
- 請勿在氣炸鍋中烹飪會產生大量油脂的食材。
- 若要烤蛋糕或鹹派，或氣炸薄脆或包餡的食物，請在氣炸籃內放置一個烤盤或可進烤箱的碟子。

噴油

在食材上噴油讓表面更酥脆時，我們建議使用普通食用油代替噴霧油，因為噴霧油可能會損壞配件。

建議



噴油瓶/噴霧瓶

不建議



噴霧油



清潔及維護

警告：

切勿將電源線、插頭或氣炸鍋浸入水或任何其他液體中。

請勿使用金屬製廚房用具或研磨性清潔用品清潔氣炸籃或酥脆盤，以免破壞不沾塗層。



清潔

注釋：每次使用後都要清潔氣炸鍋。

1. 清潔前從插座上拔掉氣炸鍋的插頭。
2. 清潔前讓氣炸鍋完全冷卻。從氣炸鍋中取出氣炸籃，使其更快冷卻。
3. 只能放在洗碗機的頂架中或用熱水、洗潔精和非研磨性海綿清潔氣炸籃和酥脆盤。
4. 若氣炸籃底部沾黏食物，請注入熱水及洗潔精浸泡。
5. 用濕布擦拭氣炸鍋外部。
6. 用熱水、洗潔精和清潔刷清潔氣炸鍋內部，清除食物殘渣。
7. 使用前確保氣炸鍋已經完全乾燥。

存放

- 拔下電器插頭，待其冷卻。
- 確保所有部件都已清潔並乾燥。
- 將電器存放在清潔且乾燥的地方。

環境責任

當本電器報廢時，請送到官方收集點回收，不可當作家庭垃圾丟棄。如此行事，您將為環保盡一份心力。

保固及維修

如果您需要維修、獲取資訊或遇到問題，請訪問 www.gourmia.com 或聯繫洽銷商。

故障排除

問題	可能原因	解決方案
氣炸鍋無法運作。	氣炸鍋沒有恰當插電。	將電源線的插頭插進接地的牆壁插座中。
	未設定計時器。	輕按 [+] 和 [-] 標誌，設定需要的烹飪時間，讓氣炸鍋開始啟動。
	氣炸籃未恰當放入氣炸鍋內。	將氣炸籃確實送進氣炸鍋中。
氣炸籃無法放入氣炸鍋內。	氣炸籃裝得太滿。	切勿過度填充氣炸籃。
食材並未烹飪。	設定溫度太低。	輕按 [+] 和 [-] 標誌設定需要的溫度。
	烹飪時間太短。	輕按 [+] 和 [-] 標誌設定需要的烹飪時間。
食物煮得不均勻。	一些食物，特別是較小的食物，需要在烹飪時間的一半時翻面。	在烹飪時間過一半時翻面食材（請見第 37 頁「翻面提醒」。）
食物不夠脆。	氣炸鍋裝得太滿。很多食物需要油炸才成棕色和酥脆。	烹煮時將食物單層置放，且不要過量。在食物上塗上少許油。
氣炸鍋冒出白煙。	您烹飪的是高油脂食材。	當您用氣炸鍋烹飪高油脂食材時，大量的油會流入氣炸籃中。這些油會產生白煙，也會使氣炸籃比平常溫度更高。這種情形不會影響氣炸鍋功能或成品效果。
	氣炸籃內仍有上次使用後殘留的油脂。	白煙是由於油脂在氣炸籃內受熱所致。當您每一次使用完畢後，請確實清潔氣炸籃。
顯示窗顯示E01。	NTC斷路。	請聯繫客戶服務。
顯示窗顯示E02。	NTC斷路。	請聯繫客戶服務。
顯示窗顯示E03。	NTC溫度超過 260°C/500°F	請聯繫客戶服務。



保固及維修

本產品自購買日期起提供一年有限保修，並且需要提供從授權出賣人處購買的證明。保修僅適用於原始購買者，不得轉讓給協力廠商用戶。維修還是更換故障部件完全由 Gourmia 自行決定。如果無法維修，Gourmia 將更換產品/部件。如果產品維修/更換不能滿足要求，Gourmia 有權退還返修的產品或部件的現金價值。

本保修條款不涵蓋正常使用之自然耗損，或因意外疏忽、不按規格說明使用或交由未經授權者修理所導致之產品瑕疵。Gourmia 不對因上述情況造成的任何附帶或間接損失負責。

僅在美國境內有效。

線上註冊您的產品 www.gourmia.com/warranty

如需客戶服務或有問題或意見

請上官網 @gourmia.com

傳送電子郵件至 info@gourmia.com



中國製造

Gourmia

歡迎您分享寶貴意見！

info@gourmia.com

